

# Overnight Oats

## **Ingredients:**

- 1/2 cup rolled oats
- 1/2 cup coconut milk
- 1 tablespoon chia seeds
- 2 tablespoons shredded coconut
- 1/2 tablespoon maple syrup
- 1 teaspoon vanilla extract
- Handful of walnuts
- Your favourite fruit or berries (to serve)

## **Method:**

- Mix all the ingredients together in a bowl. Stir well, spoon into your serving dish or jar (we're using our leftover Heritage Terracotta Pots,) cover and refrigerate overnight.
- The next morning, remove from the fridge, top off with your favourite fruit, coconut, walnuts and enjoy!

