


# Harry Hommus Mashed Potatoes with Roast

## Ingredients:

-  50 gm of desired roast meat
- 1 potato
- 1 tsp Chris Fun-Size Hommus Dip
- 1 small radish
- 1 small cucumber
- 2 green beans
- 1 small carrot
- 1 slice red capsicum
- 1 slice wholemeal bread
- 2 Quinoa seeds

## Utensils to make creation

- Sharp knife
- Gloves
- Scissors
- Sieve
- Large texta lid
- 1 large circle cutter


## Method



1. Boil potato until cooked.
2. Whilst waiting for the potato to boil you can start preparing. Cut the ends of the radish to create the cheeks.
3. Using a sharp knife cut the radish into thin slices. Using a large text lid cut two circles out of the radish – these will be used for the eyes.
4. Using a knife cut two slices out of the green beans to create the iris. Place the beans on top of the eyes.

5. Using a straw cut two circles out of the [black pancake](#) and place on top of the iris. To add an extra element of shine add a quinoa seed on the top left of each black pancake. Place the eyes aside.
6. Using a sharp knife cut a thin line out of the capsicum- this will be used for the mouth.
7. To create Harry's arms using a sharp knife cut two strips out of the carrot. Cut little squares out of the remaining carrot and capsicum to create Harry's jumper.
8. Cut the remaining green bean into four slices.
9. Using scissors cut two shoe shapes out of the bread.

### Time to plate!

1. Once the potatoes have been cooked strain and pass through a sieve to create a smooth texture. Add the hommus and mix until the hommus has blended in.
2. Bend the cutter into an oval shape and place onto the plate. Mould the potato inside the cutter making it is a flat surface.
3. Using glove roll two small balls out of the mash and place on either side of the face to create the ears. Blend into the head.
4. Roll a large ball out of the mash and place in the middle of the face to create Harry's nose.
5. Place the eyes on either side of the nose
6. Place the radish below either side of the eyes.
7. Place the mouth below the nose.
8. To make Harry's jumper place the carrot and capsicum squares side by side to create a large square.
9. Place a carrot strip on either side of the jumper.
10. Place two circles of mash on the bottom of each strip to create Harry's hands (don't forget to wear gloves!) 
11. Place two green beans horizontally below the jumper and one vertically on either end of the beans to create

Harry's Pants.

12. Place a shoe on the end of each string bean
13. Place shredded meat on top of Harry's head to create any hairstyle

*This recipe was created for us by [Jacob's Food Diaries](#).*

